

# OVERVIEW CHART

## How to Adjust the Saddle Height

| Inseam length (cm) | Saddle height (cm) |               |                 |
|--------------------|--------------------|---------------|-----------------|
|                    | Road / Cross       | MTB / Fitness | Trekking / City |
| 70                 | 62                 | 61            | 60              |
| 71                 | 63                 | 62            | 61              |
| 72                 | 64                 | 63            | 62              |
| 73                 | 65                 | 64            | 63              |
| 74                 | 65                 | 65            | 64              |
| 75                 | 66                 | 66            | 64              |
| 76                 | 67                 | 66            | 65              |
| 77                 | 68                 | 67            | 66              |
| 78                 | 69                 | 68            | 67              |
| 79                 | 70                 | 69            | 68              |
| 80                 | 71                 | 70            | 69              |
| 81                 | 72                 | 71            | 70              |
| 82                 | 73                 | 72            | 71              |
| 83                 | 73                 | 73            | 72              |
| 84                 | 74                 | 74            | 72              |
| 85                 | 75                 | 74            | 73              |
| 86                 | 76                 | 75            | 74              |
| 87                 | 77                 | 76            | 75              |
| 88                 | 78                 | 77            | 76              |
| 89                 | 79                 | 78            | 77              |
| 90                 | 80                 | 79            | 78              |
| 91                 | 81                 | 80            | 79              |
| 92                 | 81                 | 80            | 80              |
| 93                 | 82                 | 81            | 80              |
| 94                 | 83                 | 82            | 81              |
| 95                 | 84                 | 83            | 82              |
| 96                 | 85                 | 84            | 83              |
| 97                 | 86                 | 85            | 84              |
| 98                 | 87                 | 86            | 85              |
| 99                 | 88                 | 87            | 86              |
| 100                | 89                 | 88            | 87              |